



Connect

Carnon Downs, Devoran, Feock
and Point & Penpol

Spring flowers at Penpol by Cllr Anne Allen



WELCOME to the thirteenth issue of the Parish Council's Newsletter

I would like to start by welcoming Nick Gates, who joined the Parish Council in January as a Carnon Downs ward councillor. We are looking forward to working with him. If there is anyone who fancies trying their hand, or would like to find out more about the Parish Council, there are still two vacancies for the Feock ward. If you feel that you would be able to volunteer some of your time, or that this is, maybe, the time to give back to your community, we'd be delighted to hear from you. You would be joining an experienced, friendly team and it would give you a great insight into how the Parish Council is run.

Seeing the daffodils and primroses now in full bloom gives hope that Spring is well on the way and with it the optimism of summer; and the opportunity to be out and about in our villages. Before Winter is finally over you might see a number of new grit bins being installed which we hope will not be needed now until next year. In addition, the Parish Council have added some new rubbish / dog poo bins in and around the Parish. I would like to acknowledge and congratulate the people we have noticed undertaking litter picking in the area. Whilst I'm sorry this is required, it is also greatly appreciated and I wish to thank all those self appointed volunteers. Thank you one and all.

The European funding for the Healthy Ageing HAIRE project has now come to an end. I would like to take this opportunity to thank the team responsible for the project in our Parish, Bex Rawbone the Project Co-ordinator along side Cathy Whitmore, Project Administrator. Also Debbie Searle and Debra Roberts who have assisted on the financial administration side of the project. I would especially like to thank Councillor Keith Hambly-Staite who has led on this project and has given a great deal of his time and energy to see it through. We are, as a Parish Council, promoting and continuing a number of initiatives developed from this project, each designed to support the elderly and vulnerable. Any new ideas for extending this work would be appreciated and can be emailed or sent in to the Parish office.

Anne Allen, Chair, Feock Parish Council



MyFeock

Feock Parish Council
The Old Market Hall
Market St, Devoran
Truro TR3 6QA
01872 863333
feockpc.com/wellbeing

HAIRE out — MyFeock in!

by Cllr Keith Hambly-Staite

It was Geoffrey Chaucer who originally said that all good things must come to an end. Started in January 2020 funded by Europe Interreg 2 Seas and Feock Parish Council, HAIRE sought to reduce isolation and loneliness and improve the well being in the 60+ age group. The aim was to learn from local people about their needs and concerns and then to build on what already existed and support new developments and activities. HAIRE stands for Healthy Ageing in Rural Europe and is all about the well-being of people. The project came to an end in March 2023 but not before it had influenced the thinking of the Parish Council as it re-examined its role regarding community support. There will be a HAIRE legacy, the MyFeock service.

The HAIRE team led by Cllr Keith Hambly-Staite had the time to listen to the needs of people. One of the important lessons learnt was the need people had for up to date information about services and activities in the area. Communication was important and someone consistently being available to help was clearly significant.

After lots of consultation it was agreed to consolidate the 'helpline' in the parish office. This has now been complimented by a new community directory which is available on our wellbeing website MyFeock, with activities advertised in numerous ways, using both traditional posters, word of mouth and social media. Our aim is to provide a service that is reliable, up to date, consistent and one that is trusted.

Most importantly, with the evidence of need and with the financial support of Feock Parish Council, the lights will not be turned off at the end of the HAIRE project. The role of one of the team, Cathy Whitmore, has been made permanent and each morning her friendly voice will be heard at the end of the telephone in the Parish Council Office as she continues to help people and coordinate future activities.

Sadly, as projects end, people do move on to other things, and we will be losing our Project Co-ordinator, Bex Rawbone. She has created many activities and services throughout a very challenging time, as for much of the lifetime of HAIRE we had to deal with Covid! Bex has brought enormous energy, commitment and devotion to the project. She really cared and will be missed sorely by the many who saw her as the 'face of HAIRE'.

We offer our warmest best wishes for her future endeavours.



Cathy Whitmore demonstrating What's On to delegates in Ghent, Belgium

Although the project has ended it has a legacy, a 'helpline' supported by a member of staff committed to helping people. Our new website MyFeock will support this activity. All residents of the parish are encouraged to visit the website to keep up to date with information about what's on in the Parish with sign-posting on where they can get help.

Residents can also subscribe to receive a monthly email What's On listing by contacting Cathy via cathy@feockparishcouncil.co.uk

For the whole of the project Feock has been supported by a team at the University of Exeter led by Professor Kate Leyshon, and internally none of it would have happened without the support of the Parish Clerk, Debra Roberts and the Assistant Clerk, Debbie Searle, procedural and financial matters have been their forte and a debt of gratitude is owed to them for their commitment and hard work.

Kelly Stevens who wrote a blog on HAIRE for the University of Exeter wrote recently about a celebration event held at Trelissick Gardens for the many volunteers who took part in HAIRE at some time during the past three years. The role of vol-



HAIRE Team, Cllr Keith Hambly-Staite, Debra Roberts, Bex Rawbone, Cathy Whitmore and Debbie Searle (not in photo)

unteers is often underestimated and sometimes undervalued. For HAIRE they were the bedrock of its success and we owe all those who take part in supporting community events a debt of gratitude.

It was pleasing that at an international conference in Ghent, Belgium in February, Feock Parish Council was complimented on its approach to helping with the issues of loneliness and isolation. It was observed that a Parish Council will now be seen as being more relevant to its local community having in the past been seen only in regard to footpaths and planning. Working with partners in the health sector it is hoped that the Parish Council can now ensure that its residents are more resilient and their wellbeing better supported.

Precept 2023/24

The Parish Council set their budget in December 2022 and agreed an increase to the precept (Council tax) of 2.62% which equates to an increase for a Band D household of £1.76 per year or 15p a month. The Parish Council continues to work to provide improvements to facilities across the Parish:



Recently we have **installed** new goal posts in the Pengelly Meadows Recreation Area and there will soon be a new goal in Devoran Recreation Area too; the **replacement** of a number of awkward stiles on our footpaths with new kissing gates to make them more accessible; **improved** signage on the public rights of way; **continued funding** for the helpline service and MyFeock wellbeing website which has been put in place from our HAIRE Wellbeing Project (more about this in the HAIRE update earlier in this newsletter); **provided** a Warm Hub for residents over the winter months; **installed** new grit and litter bins across the parish and have also co-ordinated the **installation** of memorial benches. The Parish Council are mindful that they need to keep enough funds in reserve to cover the large increase they will have this year in energy costs and have tried hard to keep the precept increase to a minimum as they are aware of the cost of living crisis affecting residents.

Annual Parish Council and Electors Meetings

The Annual Parish Council meeting which is also the May Parish Council meeting is being held on **Monday 15th May 2023 in the The Hub Carnon Community Methodist Church Hall**, Carnon Downs. The meeting will follow on after from the Electors Meeting which will start at 7pm.

All residents are welcome to attend the Electors Meeting and Parish Council Meetings and raise any issues they wish. There will also be annual reports from the Chair of the Council and Chairs of the Council's sub Committees and our Cornwall Councillor, Martyn Alvey. The agendas for both meetings will be displayed on the website and noticeboards prior to the meeting.

Why not come along to these meetings to find out more about how the Parish Council works and what it does — we currently have two vacancies on the Parish Council, both in Feock ward—more details below.

Would you like to make a difference? Become a Councillor!

Feock Parish Council has two vacancies in the Feock ward for Parish Councillors, to be filled by co-option, if you are interested in joining a team looking after the Parish, please contact Debra, the Parish Clerk — see details below for more information and to request a copy of the co-option process (also available on our website under Policies)

There is so much to get involved in from reviewing planning applications, helping with making improvements to footpaths and recreation areas, highways issues and our wellbeing work to name but a few!

You will also be required to attend the Parish Council meetings which generally take place on the first or second Monday evening of the month in Devoran, you can also join other Committees such as Planning and Access & Amenities if you wish.

The criteria for becoming a Councillor is:

You must: be a UK or Commonwealth citizen; or be a citizen of the Republic of Ireland; or be a citizen of another Member state of the European Union (please contact the Clerk for clarification if you are a citizen of a Member state of the EU as the criteria changed on 01/01/21); and be at least 18 years old

To be eligible to stand for an election for a particular parish, you must: be an elector of the parish; or in the past 12 months have occupied (as owner or tenant) land or other premises in the parish; or work in the parish (as your principal or only place of work); or live within three miles of the parish boundary.

Please note, being a Parish Councillor is a voluntary position and we would recommend people who are interested attend a Parish Council meeting before applying to gain an understanding of the issues you will be involved with.

If you are interested in becoming a Parish Councillor, please send an email or letter of application explaining why you would like to join the Parish Council, what you can bring to the Council and any previous relevant experience to the Parish Clerk.



Coronation celebrations across the Parish



You are invited to

Fizz & Chips On Point Quay

A village party to celebrate the coronation of King Charles III, as part of the Parish-wide festivities. To include lighting the brazier.

Just one month before the Regatta, the consensus is that this is a BYO weather-dependent event!

- Bring a bottle of fizz for yourselves
- Bring a bottle of fizz to share
- Cones of tortilla chips will be provided
- Bring your own reusable cup (no glass please)

Sat 6 May from 7.00pm

Devoran Coronation Celebrations

GET READY for a weekend of Community Celebrations!

Look out for further details and timings on posters, social media and mail outs. Plans are still evolving but the weekend could look something like this:

Saturday 6 May - Coronation Day

Evening get together on Devoran Quay

Sunday 7 May - Day of Celebration

Church service in the morning

Afternoon Tea in the Village Hall

Monday 8 May - Big Help Out Day

Help make the Church yard a peaceful spot for humans to sit and a haven for wildlife.

Village litter pick.

Organised by Devoran Church, Devoran Chapel, Devoran Village Hall and Devoran Quay Preservation Society.

If you would like to help contact: dvhchairman@outlook.com

Children's Activities

Devoran School, Devoran Pre School and Devoran Rainbows & Brownies will be organising activities of children during the weekend.

Helpers are needed. If you are able to help please contact: manager@devoranpreschool.co.uk



SCARECROW Competition

Tuesday 2nd to Sunday 7th May
Results announced at Coronation Party in the Park on Sunday 7th May

Maps £1 each

Scarecrow trail maps available from:

- * MyDentist, Carnon Downs (weekdays)
- * Carnon Downs Caravan Park
- * Bench by Bookswap phonebox on Saturday & Sunday mornings
- * Party in the Park on Sunday afternoon
- * Email carnondownsvillage@gmail.com

Children's Royal Junk Modelling Scarecrow competition, Cream teas, Games Music, Carousel ride and more at the Party in the Park (Park an Gwarry) on Sunday afternoon
Bring a deckchair or picnic rug!

Carnon Downs Community Association
Carnon Downs Scarecrow Competition
www.carnondownsvillage.co.uk - Tel: 864567



Believe in children
Barnardo's



JOIN US FOR THE
FEOCK VILLAGE

CORONATION big lunch



SUNDAY 7th MAY



1pm AT FEOCK CHURCH COMMUNITY HALL
ALL WELCOME

BRING FAMILY, FRIENDS AND A PLATE OF FOOD
TO SHARE. DRINKS AVAILABLE

WIN GREAT PRIZES IN OUR FUNDRAISING RAFFLE FOR
THE TRURO FOOD BANK

FEOCKBIGLUNCH@GMAIL.COM

Help Turn the Tide for our Local Nature

What do you love most about nature locally?

Nature is in the headlines particularly with Wild Isles, the BBC series on nature in the UK. As David Attenborough shows us beautiful scenes he is also warning that nature is in trouble. We are responding to the call for action by getting together to work out what we can do for Nature here in the parish of Feock.

3 Questions for everyone in Feock (that's Carnon Downs, Devoran, Feock and everything in between and around!)

To kick off the project, it would be great to find out what you care most about. Please answer the three questions in the box below which includes details of how to answer on line, by letter, or on social media.

We have already had a few brainstorming sessions which have brought up a few thoughts and ideas. We would love to add to these.

Get Involved

We can't promise to fix everything, but we can do something and it starts with a community Nature Recovery Plan (for those who like a bit more technical stuff, we aim to create a document that will support the Feock Neighbourhood Plan so that we can defend our natural world more effectively in future).

Feock Parish has a huge range of habitats from coasts to hills and woods and everything in between, including our gardens. Let your imagination run free in your answers!

The sky is, quite literally, the only limit!



Colourful results from our brain-storming session in the Old Quay, Devoran.

Cllr Sue Cooper and the Feock Eco team

Tell us what you have noticed about local nature

Where is nature thriving locally?

Where is nature in trouble locally?

What do you love most about nature locally?

Please answer these three questions online at [feockpc.com/naturerecovery](https://www.feockpc.com/naturerecovery), by messaging the Feock Eco facebook page (<https://www.facebook.com/FeockEco/>), or on an old fashioned but lovely bit of paper to Feock Parish Council, Nature Recovery, The Old Market Hall, Market St, Devoran TR3 6QA

Feock Eco go up the creek

On a sunny March Saturday members of Feock Eco, launching from Point and Devoran on kayaks and paddle boards, paddled up the creek towards the Norway Inn.

Where the creek begins to run parallel with the A39 we found a shocking amount of rubbish, mainly on the banks between the road and the creek.

What did we find? Masses of single use plastic food packaging, bottles, cans, hub caps, bits of flooring, domestic plastic items, pipe lagging etc etc. So clearly stuff is chucked out of car windows and bigger items are left there by cars pulling in to one very small pull in area.

It is now widely known that rubbish, particularly plastic rubbish can be deadly for birdlife, and in our beautiful creek we have a prolific array of birds including geese, egrets, herons, waders, swans, ducks, buzzards to name just a few. The rubbish is also bad news for the fish and all life in our waterways

Sadly, until people decide that it is cruel to dump their rubbish rather than take it home or to the dump, then we need to collect it.

If you would like to join in our next water based litter pick please call **Lesley on 07968 472217**.

Help needed—Point & Penpoll Regatta

Can you spare just a few hours in May?

In preparation for the Point & Penpoll Regatta the WI will be organising the usual door-to-door canvassing of local residents with a request for donations towards the Regatta. Donations can be offers of cakes, raffle prizes or cash, and people in the past have been very generous in their response.

This year we are short of people to canvass, so this is a plea to help us if you can!

The canvassers are each allocated a section of road to cover, and the work is usually done a week in advance of the Regatta, so this year it should be completed by Friday 26th May ready for the Regatta on Sat 3rd June.

Any help you could offer would be most welcome. Please contact me at helengaches@hotmail.com or phone 01872 870614.



Penpol & Point WI - Winter Activities

What better way to start our winter programme than by tasting chocolate! Staff at the Chocolarder factory near Falmouth gave us a fascinating tour, showing us around the production areas and telling us all about the processes - plus we were given a few samples which were very tasty indeed! They are a company that prides itself on its ethical sourcing and production methods - paying their growers better rates than Fairtrade; bringing produce over by sail power; buying old machinery and renovating or repurposing it and ensuring the purity of ingredients, to mention just a few examples. The only downside was wearing hairnets - the ladies in the photo would otherwise have looked total glamour girls!

December was all about Christmas festivities, so we made glass Christmas tree decorations and some rather special Christmas cards, plus of course we had our annual Christmas lunch - this year very successfully at the Duchy Hotel.

We had a fun quiz for members in January, then held our AGM in February at which thankfully an active and enthusiastic Committee was elected. Our February walk played safe and stuck to pavements in view of winter weather, but the view across Falmouth Bay and the sight of the actively working docks there never fails to lift the spirits. Food and drink along the way of course lifted them even more!

Our meetings are held on the third Monday of the month (delayed by a week if it's a Bank Holiday) and if any ladies out there fancy coming along to give it a try please just turn up on the day. Venue is Penpol Chapel premises, starting 2.00pm. We have a very interesting programme of speakers for the coming year.

Helen Gaches, President, Penpol & Point WI



MyFeock REPAIR CAFÉ

If you can carry it, we'll take a look!

Wooden items, clocks (not battery or electric), electrical (plugs, fuses, basic wiring), clothing & textiles (mending zips, darning, repairs), soft toys, knitting and crochet, home and garden DIY project (non electrical), woodwork, minor jewellery repairs, technology.

Pop in to see us! Last Tuesday of every month, 10am to 11am @ The Hub—Carnon Community Methodist Church Hall, Carnon Downs



Devoran Pre-school 2023

by Cathy Kemp – Pre-school Manager and Feock Parish Councillor for Carnon Downs ward

I have been a Feock Parish councillor for 10 years but my “day job” is as an Early Years Educator. Tucked behind the Parish Council Office in the old School Hall is Devoran Pre-school. The Pre-school welcomes up to 30 children age between 2 and 4 years old every day.

The Pre-school moved from the Sunday School room at the Methodist Chapel in January 2014 to the School Hall in Market Street. This afforded us the opportunity to welcome more children for each session and to have a safe space dedicated to our use.

The children who attend come in the main from the Parish – from Carnon Downs, Devoran and Feock but also from further afield. I have worked as Manager of the Pre-school for nearly 18 years, all that time alongside Dawn. Now our first cohort of Pre-schoolers are in their early twenties and are students or working. Some of our alumni come back to work with us – some as part of their volunteering for D.O.E award and some for work experience. It is always a joy to welcome them back and see the wonderful young people they have become.

At Pre-school we have a dedicated team of seven caring Practitioners – including two Early Years Teachers so we are well equipped to help children “find their wings”. We are the beginning of the learning journey for the children – we aim to use our lovely environment to give local children the best start in life and to prepare them for School.

We are so lucky to be in our premises – our main room used to be the School Hall. We feel very much part of the Community. We have the School Yard to play in and a gate to the Park. We can walk the children down to the Creek or up to the fields to look at the animals. We have very happy memories of Mr Holt taking the children bumping round his farm in his tractor trailer. We are grateful to the Johnson family for some growing space up at their field and we also have planters in the Yard. Last year we grew potatoes, broad beans, runner beans and flowers. We harvested, cooked and ate potatoes grown in the Yard for lunch!. and this year thanks to the generosity of Chacewater Garden centre we have a wonderful variety of seeds that we are planting and we will watch them grow.



This year we are looking forward to making memories with the children as we join in with the Coronation celebrations in the Parish.

We operate as a Committee managed registered charity and need to fundraise regularly. We are fortunate that the Devoran Quay Preservation Society let us have our regular Toffee Apple stall down on the Quay for the Firework display...all that sugar has paid for some amazing resources for the children over the years!

Apart from exploring the village and the Creek we enjoy trips out with the children – in recent years we have been to Newquay Zoo, to Castle Beach from Perranwell Station, to the Bodmin and Wenford railway to see Father Christmas all big adventures for little people.

Over the years we have developed a strong relationship with Devoran School, many of the Pre-schoolers go into Foundation. As the demographic in the area changes we are also seeing children going to other local schools, it has been a pleasure to get to know other Reception teachers when they come to visit their new children. It is a pleasure to live and work in the Parish. Our ties in the Community are strong and we appreciate that people are happy to have children in the very heart of the village.

The apple of my eye *by John Lanyon*

Head Gardener Trelissick, Glendurgan and Trelrice

Apples have always been part of my life. Dad bought an old house in 1976 and in the garden there were some old apple trees: he invited a local “expert” home to advise him about apple pruning. From that moment onwards my love of apples and fruit developed.



Next, I went to be a student at the RHS garden Wisley, where I had a close shave with apples. We were split into groups and my group of three ended up in the orchard, one of the most complete collections in the country. We were destined to spend the winter pruning every apple tree in the freezing cold. But somehow I was moved into the tropical greenhouse! while my other 2 group members spent the winter apple pruning!

My time at Wisley allowed me to learn so much about how to grow fruit, train, prune and manage the whole range, which has been so useful.

Next I fondly remember my first stint at Trelissick and learning about the rich Cornish heritage linked to both Trelissick and the parish for growing fruit. To this end, the then Head Gardener, Barry was keen to establish an orchard full of Cornish apples. I helped Barry graft the original trees that now make up the orchard at Trelissick we all know today. We were so apple mad that we even had a few trees left over, and we planted them along what was then a working farm track, just to the west of the Orchard.

Then around the millennium I became the Head Gardener at Cotehele where there was an established orchard. I also learnt about the incredible fruit industry that used to exist. To this end we were able to secure a grant from the local AONB to establish a Mother Orchard to preserve as many as possible of the local apples and cherries.

Now I am back at Trelissick, the opportunity to reinstate the walled fruit garden has come about. This will create a garden full of juicy wonders, we can all enjoy. The garden will include two of the most admired fruit plants of all time: The Cornish Gilliflower apple and Kea plums.



DEVORAN VILLAGE HALL

Residents of Devoran and the surrounding area are warmly invited to the

Annual General Meeting

Tuesday 16th May

7.30pm

Lower Hall

Please join us for a glass of wine or a cuppa from 7.00pm



If you are unable to attend, but would like to help, be involved or have a query please contact the Hall's secretary at dvhsecretary@outlook.com

Please support your community hall.

Registered Charity Number: 300540

www.devoranvillagehall.org.uk

The Waterside Churches Tots & Toys

Friday mornings
@ Devoran
Village Hall

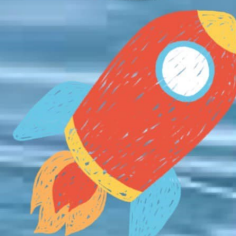
9:30 am - 11am

Stay and Play
Community Toddler
Group

Toys, stories
and songs

contact.jane@thewatersidechurches.com

PIC•COLLAGE



Do you want a village hall in Devoran in the future? The hall is looking for younger people to become involved to help the Hall survive. If there are no younger people coming on, ultimately as the current Trustees retire there will be no one to manage the Hall. It will then close and as a registered charity the building would have to be sold and the village would have no hall for the community. Please support your community hall.

POINT & PENPOLL REGATTA 2023

Saturday 3rd June
Children's Sports
Crabbing Competition
The Lemonaires
Sailing Events

Sunday 4th June
Ecumenical Service



1856 Regatta Revival

Saturday 20th May 2023 4pm, at Devoran Quay

Some years ago the late Ralph Bird, Boatbuilder, who lived and worked at Carnon Mine, researched a regatta called the Devoran, Point & Perranwharf Regatta, held in 1856.

It was his wish to recreate this event (as much as possible allowing for silting of the river) and he left a hand drawn map and written details of how the racing was held.

In Ralph's honour and to honour the history of boat building and racing in our villages, Devoran Pilot Gig Club are holding a Victorian regatta for 6-oared gigs, 4-oared gigs and skiffs to be held on Saturday 20th May 2023 at 4pm.

This will be an invitation only event for the racing, due to the length of race and safety of numbers, however we hope the village communities will join in and watch from vantage points from Devoran Quay to Point Quay and enjoy some entertainment and refreshments.

Adopt a Tree!

As part of the Parish Council's plan to increase the tree cover in the Parish, the Council will be planting ten indigenous Cherry trees along the bus lane between Carnon Downs and Playing Place and we are inviting local residents to 'adopt' one in a complimentary scheme to our 'adopt a bench'. The cost of each tree including staking will be up to £100. Three have already been adopted. If you would like to adopt one of the remaining seven trees, which could be in memory of loved one, please contact Debra Roberts, the Parish Clerk .



Residents of Feock – your Regatta needs you!

Loe Beach's Annual Regatta is being held on **1st July** this year. This historic and fun event was established in the mid 1800's and now has an average of seventy boats attending which makes it one of the largest sailing races in the area.

The tea tent is a major part of the day and it has been praised by the sailors as "the best regatta tea in Cornwall". The generous villagers of Feock are very supportive and giving in their donations of delicious cakes and sandwiches and we are so very grateful for their continuing support over the years. Without the funds we raise from the tea tent the regatta could not continue.

Our appeal now is for helpers in the tea tent on the day of the regatta. Sadly our existing team of volunteers has gradually shrunk as none of us are getting any younger! We are therefore hoping to attract some new members to assist with the organisation and setting up the interior of the tea tent and serve the teas. It is a wonderful opportunity to meet new people in a friendly atmosphere and to connect with your neighbours, as well as helping to ensure the continuity of this very special event. If you are interested please contact [Autumn Trebilcock on 07595 599505](mailto:Autumn.Trebilcock@07595599505) or email autumnrule@hotmail.com by the middle of May.



Defibrillators in the Parish

There are a number of public access defibrillators around the parish, these are automated, anyone can use one, training is **not** necessary. The defibrillator will talk the user through how to use it and will **not** allow a shock to be given unless it detects that the heart is in a shockable rhythm. Fundraising is currently ongoing for a defibrillator at Penelewey. The defibrillators are located as follows:



Phonebox on Market Street, Devoran

Phonebox on Forth Coth, Carnon Downs (nr Dentist)

Phonebox on Point Green

Outside wall Ferris Garage, Feock

Loe Beach, Feock

St Feock Church car park, Feock*

Outside wall of "Twitterings", Trolver Croft *

**phone 999 for the code to open the cabinet*

You're never too old to take up IT at Carnon Downs Village Hall!



Carnon Downs IT Group had a visit to Plymouth courtesy of Plymouth University & the University of Exeter



Tony, a member of the IT Club celebrating his 91st birthday with Richard Brickell and Lesley Rance.

The Carnon Downs IT Club meet on Tuesday mornings from 10am to 12 noon, if you would like to go along please contact Richard on 07774 869721. The University of Exeter has supported the IT group who have been involved in a project to develop more advanced ways of communication for older people and as a thank you arranged a trip to Plymouth for the group where they took part in advanced Virtual Reality workshops, visited the Aquarium and enjoyed a buffet lunch.

MyFeock local help services

Helpline: 07904 547822

The Parish Council runs the Feock local transport scheme where we have volunteer drivers who give local residents lifts within the Parish (or very close by) to appointments such as Doctors, Dentists or the Hairdressers.

The booking phone line, manned by Cathy, is open weekday mornings from 9.30am to 12.00 noon, please give us as much notice as possible (ideally 48 hours) although we appreciate with Doctors or Dentists this isn't always possible.

Our drivers are volunteers so are not always available at short notice but we will always do our best to arrange a lift. Our drivers are also able to pick up and deliver prescriptions from your Doctors Surgery.

We do ask for a small donation to cover the petrol costs for our drivers.

We are always looking for new volunteer drivers as we are only a small team—please get in touch with Cathy to find out more via the helpline.

Unfortunately we do not offer lifts to hospital, but the TAP service at Age UK do and can be contacted on 01872 223388 and again please give them as much notice as possible.

We do offer a shopping delivery service but this is limited to those who are housebound and have no other way of getting shopping. Cathy on the Helpline can also be contacted for advice about other local services and groups and signpost you to these.





We are very proud of our Parish and would like to capture the essence of what makes Feock Parish so great.

"Feock Parish at its best" Campaign!

We would love to see your photos of Feock Parish taken in the last 12 months as every photo tells a story...

Each month we will choose our favourite photo to display on our wellbeing website - www.myfeock.co.uk



Lets get snapping!



Send your electronic photo by email or messenger to:
info@feockparishcouncil.co.uk

 MyFeock Wellbeing



What's On!

The Parish Council produce a monthly listing of groups, meetings and events within the parish, a few events are included in this newsletter but there are many, many more in the full What's On Guide. The guide can be found on our Facebook page, MyFeock website and in our Bookswap phoneboxes and Devoran Community Library where there are hard copies to take away.

If you would like a copy emailed to you each month please message cathy@feockparishcouncil.co.uk

Similarly if you know of a group or event not listed please let Cathy know so they can be added.

Your Parish Councillors

Carnon Downs Ward

Paul Lightfoot—Email: lightfootuk00@aol.com

Nick Gates—Email: nickgates@me.com

Phil Allen—Tel: 01872 863090

Jan Allen—Tel: 01872 863090

Cathy Kemp—Email: cathykemp@btinternet.com

Devoran Ward

Sue Cooper—Email: sue.cooper.feockpc@gmail.com

Anne Allen (Chair) —Email: annefeockpc@gmail.com

Mike Steel—Email: info@feockparishcouncil.co.uk

Mark Woolcock—Email: dmwoolcock@icloud.com

Feock Ward

Lesley Fitt—Email: LFFeock@protonmail.com

Keith Hambly-Staite— keithstaite@hotmail.com

Tel: 01872 862718

Richard Brickell (Vice Chair) —richard.brickell1@outlook.com

Tel: 01872 450727

Vacancies x 2—please contact the Parish Clerk for more details.

Dates for your diary!

Devoran Village markets—second Saturday of the month @ Devoran Village Hall, 9.30am to 12noon

Carnon Downs Coronation Party in Park, Sunday 7th May, 2pm to 5pm, Park an Gwarry Play Park

Repair café - last Tuesday of the month @ The Hub Carnon Community Methodist Church 10 to 11am


Feock Home & Garden Society—last Thursday of the month @ St Feock Church Community Hall, 7pm

Walk & Talk—every 2nd and 4th Tuesday, 10am to 12 noon, contact cathy@feockparishcouncil.co.uk


Swim Together @ Loe Beach—check their Facebook page for more details

Carnon Downs Crafters—meet Friday mornings 10am to 12 noon @ Carnon Downs Village Hall

St Feock Minibus Day Trips—various dates, contact Sally-Anne on 07754 107835, 9.30am to 10.30am weekdays for details

 Feock Parish Council
MyFeock Wellbeing
Feock Eco

 @feockpc

 feock_parish_council

Take on the roadies!



CARNON CLASSIC
YOUTH STAGE RACE

27th & 28th May 2023
Open to Youth categories, plus Junior, Male 3/4 & Womens 2/3/4

3 stage race over 2 days

Stage 1 - closed circuit race at Wheal Jane on Saturday
Stage 2 - 1 mile hill climb at Carnon Downs on Sunday *
Stage 3 - 9 mile time trial at Carnon Downs on Sunday *

Entry via British Cycling website

£1,000 Prize Fund!

Promoted by Wheal Velocity & Penzance Wheelers

* Penzance Wheelers will also be running the Carnon 2 stage TT on the same day as a stand alone event £1,000 prize fund has been donated by Penzance Wheelers.

For more info contact Penzance Wheelers or visit www.pzwheelers.co.uk






The Carnon Classic Stage Race 2023
Stage 1 - Hill Climb
Stage 2 - 9 mile TT
Refreshments
Charity Raffle
Ice Cream Van
Fun Village atmosphere

Sunday May 28th 12pm-6pm
£15
Pre-Entry only
Use Eventbrite

School Games
Residents traffic free ride
British Cycling coached session
open to all

WELCOME TO WHEEL VELOCITY
Community Association



Refreshments -
Carnon Downs Community
Association

Brewing Duck Coffee

Delicious Wishes
Ice Cream

Dough An Dorr
Pizza

Get in touch

Your local Ward Councillors—contact details are listed above and on our noticeboards

Debra Roberts, Parish Clerk — debra@feockparishcouncil.co.uk

Debbie Searle, Assistant Parish Clerk — debbie@feockparishcouncil.co.uk

Cathy Whitmore, Information & Wellbeing Adviser — email cathy@feockparishcouncil.co.uk

Office & library: Feock Parish Council, The Old Market Hall, Market Street, Devoran, TR3 6QA

Tel: 01872 863333 Email: info@feockparishcouncil.co.uk



Check out our wellbeing website:

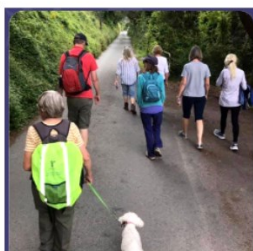
www.myfeock.co.uk

To find out what's happening in this area and for local service information.

Our Parish - Our Community
FEOCK, DEVORAN, CARNON DOWNS AND POINT & PENPOL



Local Facilities



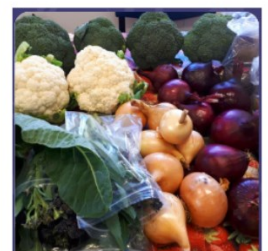
Local Groups



Health



Transport



Eating well



Managed by Feock Parish Council
info@feockparishcouncil.co.uk
f MyFeock Wellbeing
01872 863333 (mon-fri, 9.30-12noon)

