



# Connect

Carnon Downs, Devoran, Feock  
and Point & Penpol



Trelissick parkland by Cathy Kemp



## WELCOME to the sixth issue of the Parish Council's Newsletter

Hello and welcome to the autumn newsletter. There has been so much going on since our last edition, I hope you have found the monthly email newsletter helpful and this has kept you up to date with details of support available during this difficult time. If you want to know more about any item, just follow the link to our website to read more, phone the Parish Council Office or follow us on Facebook, Instagram or Twitter.

As ever I must say firstly a thank you to Debra Roberts the Parish Clerk, who without her this newsletter just would not happen. We owe our local volunteers our continued thanks for giving up their time selflessly to support the parish. COVID-19 support continues if you need assistance with shopping, collecting prescriptions or just someone to talk to please contact the Parish offices if you are isolating or know of someone who is vulnerable and requires support.

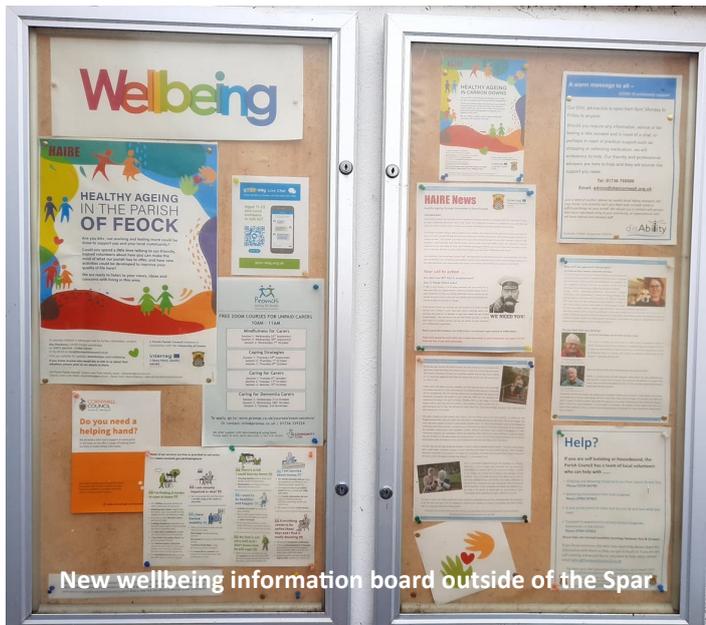
The whole country is now in the second lockdown and we must continue to adhere to all the rules regarding this - remember the rule of 6 and hands, face, space. Links to the latest rules can be found on the website [www.feockpc.com/coronavirus](http://www.feockpc.com/coronavirus)

The HAIRE project continues at a pace, to that effect a thank you must go to Bex Rawbone, HAIRE Project Co-ordinator who has trained a number of volunteers to undertake guided conversations with local residents, the purpose of these conversations is to understand how they feel about living in the parish and to explore what further initiatives the parish council may be able to consider to enhance local residents wellbeing, more details can be found in this newsletter.

As we are coming into the Autumn and Winter months the Parish Council is often asked about leaf clearing, fallen trees, road-path gritting etc. please find details on who to contact about addressing these matters further on in this newsletter. Just a reminder the parish council also has several gritting bins around the parish which will have grit for your use in the event you need to grit your entrance pathways please do help yourself. If you see any gritting bins empty please contact the Parish Office.

The much needed road improvements for Old Carnon Hill and Bissoe Road are planned for January 2021, these road safety improvements will lead to better pedestrian access for the residents of the parish and I hope reassures you of our commitment to road safety within the parish. Finally I would like to say that Remembrance services on the 8<sup>th</sup> of November are permitted albeit they are having to be run slightly different, so please check with your local church if a remembrance service is being held. This is an important occasion to remember all those individuals who died in the service of their country.

*Paul Lightfoot, Chairman, Feock Parish Council Email: [lightfootuk00@aol.com](mailto:lightfootuk00@aol.com)*



### Training via Zoom for our volunteers



We seem to have come a long way since we announced HAIRE in the last issue, and have moved on. We have successfully trained 13 HAIRE volunteers via online training sessions and even got to do a bit of role play to put the training to the test! The HAIRE volunteers are a friendly bunch of local people and each of them received a 'DIY Cream Tea' delivered by me as a 'thank you' for giving their time to support HAIRE.

Through our HAIRE Volunteers we now have the time to talk and listen to older residents in the Parish about health and wellbeing topics and the place in which they live. This is the essence of HAIRE. It is not just another research project where the results gather dust on a shelf in Council offices. The funding for the project is giving us a chance, to learn for the first time, about the everyday concerns of local residents and to build on existing services and facilities for everyone but particularly the older and more vulnerable members of our community.

The conversations will take place in accordance with Covid regulations in place at the time, these can be held over the phone, via video call (if technology available) or face to face (socially distanced) outside in a garden perhaps, wherever both the HAIRE volunteer and person taking part feel comfortable.

We really want to make the most of what our beautiful parish has to offer, create new activities and services to improve quality of life here.

You may also have noticed some of our colourful HAIRE posters in and around the Parish and a new Wellbeing Information board (outside of Carnon Downs Spar shop, thank you to the Spar!).

In these challenging times we are working hard to think outside the box and come up with new ways to raise awareness about this exciting community project and really want local people to get involved.

**Calling all local groups!** We're putting together a directory of local groups and services. Please get in touch if your group would like to be listed (free of charge).

We're also delighted to welcome our new Admin Assistant, Cathy to the HAIRE team—you'll hear her cheery voice on the end of the phone when you request for a prescription to be delivered, Spar shopping or a lift!

HAIRE is not just about providing new services for people, it is also to help encourage people to become more involved in their communities, join local groups and perhaps volunteer, if they are able too, to help alleviate loneliness and isolation.



### **Did you know that volunteering can help you live longer?**

A new study by Harvard University adds weight to this idea, that volunteering could help us live longer, according to new research published by the American Journal of Preventive Medicine.

“Our results show that volunteerism among older adults doesn't just strengthen communities, but enriches our own lives by strengthening our bonds to others, helping us feel a sense of purpose and wellbeing, and protecting us from feelings of loneliness, depression and hopelessness,” said study co-author, Dr Eric Kim of Harvard's School of Public Health.

A growing body of research has linked altruism to positive health outcomes; last week Positive News ran a report about how being kind can help people cope during a crisis such as the coronavirus pandemic. Dr Kim agrees. “If you are able to do so while abiding by health guidelines, you not only can help to heal and repair the world, but you can help yourself as well,” he said.

**If you are or know anyone, aged 60+, not working and feel more could be done to support you and/or your local community please get in touch with the team. We look forward to listening to your views about living here.**

If you'd like to get involved or have any questions please contact Bex or Cathy, details below.

### **Contact details:**

Bex Rawbone, HAIRE Project Co-ordinator

Tel: 07988 106432 / 01872 863333

Email [bex@feockparishcouncil.co.uk](mailto:bex@feockparishcouncil.co.uk)

Cathy Whitmore, HAIRE Administration Assistant

Tel: 07904 547822 / 01872 863333

Email [cathy@feockparishcouncil.co.uk](mailto:cathy@feockparishcouncil.co.uk)

# Community Connect Update

by Sharon Nettleton, Community Navigator

Following the success of the Community Connect pilot project, your local surgeries have provided funding to ensure the work providing support and building community resilience can continue to support people and families living in the area in a non medical capacity. Over the past few months we have seen a significant increase in people seeking support with anxiety related issues, unemployment, bereavement and feelings of isolation experienced by people who can no longer attend their local group activities.



The support we have been able to offer has included: providing people without IT skills opportunities to learn how to use I Pads and phones. This is working well too for people with loved ones currently in care and for people needing to complete benefit forms and access the housing register, and enables them to engage with others via Facetime and Zoom. A penpal scheme has been introduced, signposting to home based art projects using sketchpads and postcards and exercise groups online. Also working with DWP to access Work Coaches for people seeking employment and retraining, providing outdoor volunteering opportunities and working with the suicide prevention team to offer support needed by so many people at the present time. Also working with housing teams supporting people with rental concerns to avoid eviction as well as bereavement support and finding home care.

If you or know of someone who might benefit from some support or help in finding information and support at the present time, please don't hesitate to ask your surgery to refer you to a Community Navigator, nothing is too small, too big or too much trouble to us. I can be contacted on [sharon.nettleton@imagineif.net](mailto:sharon.nettleton@imagineif.net) or 07947328213

*'Thank you for listening and helping me to get up in the morning with plan, a purpose and feeling valued again'*

## Carnon Down Village Hall Update

Carnon Downs Village Hall is adjusting its governance structure to keep it up to date.

Following advice from experts in the charity field the CDVH charity plans to re-register with the Charity Commission in early 2021.

There will be no change to the way that the hall operates, raises funds and takes bookings on a daily basis.

The new registration will be as a Charitable Incorporated Organisation or CIO for short. By doing this we make the Hall a legal entity in its own right.

This allows the hall to hold contracts and operate without individual Trustees personally having that responsibility as is the case now.

In terms of the management committee it will mean that trustees have to serve maximum terms of office and comply with a slightly extended constitution.

This is required by the Charity Commission and is seen as a good think for the future viability and development of the hall.

## PUBLIC NOTICE

### Under Section 121(2) of the Charities Act 2011

The charity trustees of Carnon Downs Village Hall (registered charity number 300527) hereby gives notice that the charity trustees propose to incorporate the charity as a charitable incorporated organisation (CIO) and to transfer the land occupied by the village hall to the new CIO to be called Carnon Downs Village Hall.

All the assets and contractual arrangements of the Charity will be transferred to the CIO and the CIO will assume all the obligations of the charity so the village hall will continue to be run in the same way.

Any representations about this proposal can be made in writing and sent by email to: [cdvhchair@gmail.com](mailto:cdvhchair@gmail.com), or by post to Carnon Downs Village Hall, Tregye Road, Carnon Downs, Truro, TR3 6GH,

Or via contacting the Feock Parish Clerk

Or by a pre arranged Zoom meeting with the Chairman and Lead CIO Trustee. (email [cdvhchair@gmail.com](mailto:cdvhchair@gmail.com) to arrange)

Any representation needs to be made so as to be received by 18th December 2020. Any representations received after that date will not be considered.

*Adrian Rowlands*

Chair Of The Trustees

## Update from your MP, Cherilyn Mackrory



A warm hello to all living in the Feock parish — September and October have been a busy couple of months.

In the space of six weeks I have welcomed two Secretary of States and a Minister to Truro and Falmouth. Firstly, I welcomed Robert Jenrick, Secretary of State for Housing, Communities and Local Government to Truro to meet with the Truro Towns Board Team to discuss our plans for the £25 million that has been available to us by the Government to regenerate the city centre. This is a huge opportunity for Truro and the plans we have really are exciting and I know that the Secretary of State was most impressed. You can find out more about the Towns Board and our plans here: <https://www.trurotownfund.com/>. After the meeting with the Towns Board Team, I took the Secretary over to the Hall for Cornwall for an exclusive tour to see the progress that is being made. Over the summer our Government committed £1.5million to the Hall for Cornwall as part of the Getting Building Fund for shovel ready projects.

Another project in Truro and Falmouth that I put forward to benefit from this pot of money is GEL's deep geothermal project at United Downs. This excellent project was given £2.9 million from the Government. The second visit I secured was with the Secretary of State for International Trade, Liz Truss. I was delighted to welcome the Secretary of State to United Downs to show her around the drilling site for geothermal, a really exciting opportunity for sustainable energy in Cornwall.

The third visit was from the Minister for Tourism, Nigel Huddleston, who I welcomed to Falmouth. It was great to show Nigel around Falmouth, talk about how the summer season went for local businesses and discuss how else we can support our town centres and businesses going forward. I am pleased to confirm that pasties were consumed at two of the three visits. If a Minister or Secretary of State is visiting, sampling some of our Cornish produce is a must!

On top of this, I was also pleased to secure even more money for Truro and Falmouth over the last few weeks. I have also managed to secure over £1.5 million from the Cultural Recovery Fund. Among those set to benefit are:

National Maritime Museum Cornwall - £485,000, Kneehigh Theatre - £250,000 & Truro Cathedral - £146,000

Earlier this month the Government confirmed that Truro and Falmouth are to benefit from a new Women's and Children's hospital in Truro as part of its plans to build 40 new hospitals across England. The funding allocated will be used to build a new Women's and Children's Hospital in the centre of the Royal Cornwall Hospital site in Truro. This is something my predecessor started work on and I am delighted to be able to take on the baton and continue the fight for this much needed hospital. This is quite a personal one for me given my position as the Co-Chair of the All Party Parliamentary Group on Baby Loss in Parliament. As many will know, an issue very important to me and one in which spurred me on to stand to be a Member of Parliament in the first place.

In Parliament I continue to fight our corner. Away from the COVID-19 restrictions, I was really pleased to secure a meeting with the Secretary of State for Education to discuss a new secondary school for our constituency. When I was campaigning before my election it was very clear how close to capacity our excellent secondary schools in Truro and Falmouth are, and this has been reinforced by my subsequent regular meetings with teachers around the constituency. Given these continuing trends, we need to explore all opportunities for new secondary education provision for our constituency. I was pleased to raise this at the very top of the Government in Parliament and am delighted that the Secretary of State has offered me a meeting to explore these ideas further. This is the start of a lengthy journey, and I remain committed to doing all I can to ensure the educational prospects for our young people in Truro and Falmouth are the best that they can be.

I trust this update is helpful.

Be assured my team and I are working tirelessly to make Feock parish and the wider area a better place to live and grow up in and I am delighted to sit on Feock Parish Councils HAIRE Advisory Group for their wellbeing project.

Best wishes, Cherilyn. Tel: 01872 229698 [cherilyn.mackrory.mp@parliament.org.uk](mailto:cherilyn.mackrory.mp@parliament.org.uk)

# Update from Councillor Martyn Alvey Cornwall Council Member for Feock and Playing Place



Since 2017 I have had the privilege of representing the residents of Feock Parish at Cornwall Council. I was born and brought up in Falmouth; following a career in the RAF, I returned to Cornwall and I now live within the area I represent.

Representing the interests of my constituents and undertaking casework on their behalf is pivotal to my role. The majority of my local casework has been Planning and Planning Enforcement related, and I have a strong record of success on bringing contentious applications to Committee and 'winning'. Other casework has included support with social care provision, housing issues, school transport/places, highways/speeding and public safety. I try to understand and recognise the needs and priorities of all my constituents, in particular, their strong concern for the Environment, desire to improve Biodiversity and challenging inappropriate development. I also play a full part in the strategic activities of the Council such as sitting on the Central Sub Area Planning Committee, Neighbourhoods Overview and Scrutiny Committee, Standards Committee and the Covid-19 Multi-agency 'Outbreak Engagement Board'.

I receive a small annual budget of £2000 (a 'Community Chest') which I can allocate to local groups or projects to enhance their facilities or kick-start community initiatives. By way of examples, I have been able to allocate grants to Devoran and Carnon Downs village halls and funded holiday activities for young residents working with the Restronguet Creek Society and Cornwall Wildlife Trust. If you are involved in a local group that may be able to benefit from a small grant, please get in touch. The application process isn't too onerous, and I still have unallocated funds.

Becoming a 'first-term' Cornwall Councillor in 2017, I came to the task very 'green', believing I could change the world (well Cornwall) overnight. I quickly learned what I could 'do', what I could 'influence' and when I really needed to 'manage expectations'! If there is any way in which I may be able to help you, please get in touch. I can be contacted on 01872 263958/07581 736347, [martyn.alvey@cornwallcouncillors.org.uk](mailto:martyn.alvey@cornwallcouncillors.org.uk). It's also worth following me on Facebook @CouncillorforFeockandPlayingPlace.

## Planning & Parish Council meetings

### Planning Applications

Due to the current restrictions, we are currently unable to hold planning meetings therefore consultee comments are being agreed by a process that we hope still gives residents the opportunity to inform Parish Councillors of their views on applications. The office is now closed due to the second lockdown and staff are working from home.

Planning applications received from Cornwall Council for consultee comment are shown on the 'Current Planning Applications' page of the Parish Council's website - [www.feockpc.com/current-planning-applications](http://www.feockpc.com/current-planning-applications). If you have views on any of these applications that you would like Parish Councillors to be aware of before they agree and submit their consultee comment to Cornwall Council please make them in writing in an email to [deb-bie@feockparishcouncil.co.uk](mailto:deb-bie@feockparishcouncil.co.uk). In order for Councillors to be in receipt of these comments prior to the Committee's discussion of the application these comments need to be received as soon as possible and **preferably by the date stated for each application on the website.**

Any comments made to the Parish Council should also be submitted to Cornwall Council who will decide the application. Information on how to do this can be found by following this link - [www.cornwall.gov.uk/environment-and-planning/planning/planning-advice-and-guidance/how-to-respond-to-planning-applications/](http://www.cornwall.gov.uk/environment-and-planning/planning/planning-advice-and-guidance/how-to-respond-to-planning-applications/)

Full Parish Council and Access & Amenities Meeting are continuing to be held via Zoom. Members of the public are welcome to attend and can do so by contacting the Parish Clerk to obtain the link to log in. The agendas and minutes are published on the Parish Council website so residents can keep up to date with the work of the Council.

# Positive News

## Garden tidy!

A team of Parish volunteers together with Steve and Alex from Steve's Tree Services have tidied up (free of charge) the garden of a local resident, which due to serious illness had become overgrown. Steve, who has already volunteered for the Parish Council during the lockdown, wanted to make a difference to the resident and give them a nice garden to look out onto whilst they were confined to their home so asked if any other volunteers wanted to get involved.

Steve wants to say a huge thank you to all the volunteers who came forward to help, he and the resident were overwhelmed with the response. The resident is incredibly grateful and this has really lifted their spirits in these hard times. Below is a photo of the volunteers hard at work in the garden!

## Teddies for Tragedies

Following a request for local knitters to help put together teddies to be shipped out to the refugee camps in Lesbos Greece, the ladies of Feock and surrounding areas came up trumps with an amazing donation of teddies, jumpers and blankets.

On behalf of Teddies for Tragedies I would like to thank all the wonderful knitters who answered the call for help. As the South West coordinator for the charity I was able to deliver 281 items to OHOB UK, including 170 "teddies in a bag", plus various items of knitted goods.

OHOB UK stands for Open Hearts Open Borders and regularly sends shipments of 'aid' to Lesbos, so they asked me to extend their very grateful thanks to you all.

A small child, living in extreme conditions will soon be cuddling your teddy, wrapped in your blanket, wearing your jumper and feeling warm and loved.

Sue Bearcroft, SW Coordinator - Teddies for Tragedies

Email: [sueandmikebearcroft@gmail.com](mailto:sueandmikebearcroft@gmail.com)



Garden tidying!



Teddies and knitted goods!

## Follow us on Social Media



Feock Parish Council



Wellbeing Feock



feock\_parish\_council



@feockpc

## A walk with the birds

By Cllr Keith Hambly-Staite

Autumn will soon become winter and we will be looking for distractions that are safe and interesting.

In the parish of Feock we are fortunate with having the sea around us. The Tramway which goes from Point to Devoran is much used during the summer. During the coming months it will offer an opportunity for safe exercise and great vantage points to see the many birds that use the creeks for feeding during the winter. Redshank, Godwit and Curlew can be seen at close quarters and from Loe Beach in Feock there are often divers and mergansers.

The Tramway, an important heritage trail, offers a relatively protected walk for residents of all ages. Further information about the Tramway and footpaths in the parish can be found in 'Feock Trails' published by the Parish Council, available in print form and on the Councils website. More information about birds currently in the vicinity can be found on Google. Enter: 'Cornwall Birding', then 'Recent Sightings, Cornwall Birdwatching and Preservation Society', daily sightings are shown for the county including Devoran and Feock. Although current, this information obviously does depend on the number of birdwatchers visiting the area. However apart from rare birds ( eg osprey) that are seen from time to time other birds stay around throughout the winter months. The best visibility is determined by the tides. It is therefore worth checking the local tide tables to take advantage of one of Cornwall's best birding locations.



Osprey (photo from All About Birds)



Redshank (photo from The Wildlife Trusts)



Curlew (photo from Wikipedia)

## Commemoration of St Feock War Memorial

The erection in 1920 of a memorial to those who died in World War 1 was celebrated on 16th October 2020, exactly 100 years after it was first consecrated by the Bishop of Truro. A short service was led by Rev Dr Jonathan Rowe and concluded with the Last Post.

The Celtic styled memorial is built of granite and is situated close to the 13th century Bell Tower of the Parish Church. Following conservation by Feock Parish Council in 2017 the names recorded on the monument, which now include those who died in the Second World War, are now clearly lettered.

Rev Dr Jonathan Rowe said, "The memorial is an important part of the history of Feock. It was remarkable to stand where the widows and bereaved families stood 100 years ago. The War Memorial Cross helps us imagine their emotions and commemorate those who gave their lives for our freedom."

The service was attended on behalf of Feock Parish Council by councillors Dr Colin Blake and Keith Hambly-Staite. The lessons, the same texts that were read at the memorial's dedication - were read by members of Feock Parish Church.



# Winter is almost here .....



## Hedges

It's the time of year when the Parish Council receives lots of complaints from residents about overgrown hedges. This box is an extract from a leaflet available from Cornwall Council which explains who is responsible for cutting hedges. This applies to hedges beside roads and also pavements. The full leaflet and more information can be downloaded from [www.cornwall.gov.uk/environment-and-planning/trees-hedges-and-woodland/hedges/hedges-the-law/](http://www.cornwall.gov.uk/environment-and-planning/trees-hedges-and-woodland/hedges/hedges-the-law/)

If you have a hedge which borders a road or pavement please think about all users and not just vehicles or pedestrians, does your hedge overhang the pavement so much that it would stop a person in a mobility scooter or a parent with a child in a buggy getting past without having to go out into the road?



If fallen leaves are causing a road to be slippery please get in touch with Debra, the Parish Clerk who can request that a road sweeper visits.

## Fallen trees

If you come across a fallen tree on a footpath or road you can report this to Cornwall Council, either online [www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-highway-or-footway](http://www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-highway-or-footway)

If you need to report something that is an immediate danger or an emergency you should phone Cormac on **0300 1234 222**

## Grit bins

Cornwall Council grit all A and B roads (in our Parish this is the A39 Carnon Downs bypass, the road to Bissoe and the B3289 to Feock). They also grit access to sites of strategic importance, including but not limited to hospital minor injury units, health centres, major transport interchanges and most fire stations as well as accesses to secondary schools.

There are grit bins across the parish which can be used in cases of inclement weather on pavements, these will shortly be topped up and have shovels added to them to make it easier to spread the salt grit when needed.

## Keep well this winter

Are you or someone you know in poor health or at risk of ill health, or with underlying health issues? Are you caring for a vulnerable person and / or worried about your home being cold or damp? Is it affecting your health? If so, then Winter Wellbeing can help.

For advice and access to services provided by over 30 partner organisations, call

Freephone **0800 954 1956**



If you have a hedge on your property which is adjacent to a public road or right of way (a highway) this leaflet tells you how best to look after it and fulfil your legal obligations

## Owners and occupiers of land with highway hedges...

... are responsible for maintaining these hedges so that growth does not impair the safety of highway users nor impede their access. This covers any hedge that directly abuts a public highway and includes:

- trimming roadside hedges to maintain visibility, particularly at junctions, on the inside of bends and at passing places.
- removing dead or decaying trees and other growth likely to fall across or on to the highway.
- removing branches and other growth that may prevent the passage of highway users including, where appropriate, high-sided vehicles.
- removing branches and other growth that may obstruct light from a public street light or visibility of a traffic sign.

Contractors working for Cornwall Council or the local council are required to clear the surface growth. Side growth remains the responsibility of the land owner.

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## Christmas isn't cancelled!

The following Christmas events are still planned to be happening — **please note that events will only go ahead if the Covid regulations at the time permit so please check nearer the time.**

### Carnon Downs Methodist Hall

Sunday 20th December—Christmas Service with Carols and mince pies

Monday 21st December — Sunbeams Christmas activity

Sunday 27th December—Christmas Communion

*Please check their Facebook page for details [www.facebook.com/carnondownsmethodist/](http://www.facebook.com/carnondownsmethodist/)*

### Devoran Methodist Chapel

Sunday 20th December, 10.30am — Christmas Service, Revd Mark Liddicoat, Superintendent Minister for the Truro circuit, will lead the service.

*Under present restrictions we can only accommodate 24 people in the chapel but will welcome visitors*

### St John & St Petroc Church, Devoran

Sunday 6th December -10am, A Christingle themed service

Thursday 24th December - A nativity themed activity for families. Details to be confirmed.

Thursday 24th December - 8pm, Christmas Eve Holy Communion.

*Please note there is no Christmas Day Service in Devoran*

*Please see notices for more information or contact Anne Ramsden on [anne@sabre146.co.uk](mailto:anne@sabre146.co.uk) or 01872 864049*

### St Feock Church

On Christmas Day there will be a Communion Service at 10am led by the Rev Dr Jonathan Rowe.

### Chycara, Carnon Downs

Saturday 12th & Sunday 13th December — Christmas Market

*Free to attend—you need to book tickets beforehand to ensure social distancing is adhered to via Eventbrite, visit their Facebook page for more details [www.facebook.com/Chycara](http://www.facebook.com/Chycara)*

### Carnon Downs Community Association Christmas Lights Display

Due to Covid restrictions the Lights switch on night has been cancelled but the Christmas lights display will be up and lit in the village by 7th December in honour of Freda, a Carnon Downs resident who has just turned 100 years old and was due to be switching on the lights this year.

If anyone would like to donate towards the cost of the lights display you can do this via Just Giving [www.justgiving.com/crowdfunding/carnondownslights](http://www.justgiving.com/crowdfunding/carnondownslights)



There will also be a special festive treat for children! see our Facebook page for details nearer the time. [www.facebook.com/carnondownsvillage/](http://www.facebook.com/carnondownsvillage/)



Carnon Downs village Christmas Tree last year

# What's On!



**IMPORTANT: Please check with individual churches/chapels/halls for their latest arrangements, this list was put together before the second lockdown was announced and it likely that details may have changed.**

## **Carnon Downs Methodist Church**

The Church is open for private prayer at 10.30 am every Sunday. Please check their Facebook page for updates [www.facebook.com/carnondownsmethodist/](http://www.facebook.com/carnondownsmethodist/)

## **Carnon Downs Village Hall**

The hall is now open for limited hire with strict rules to ensure compliance with Government regulations to make it a COVID secure building. See their website for more details [www.carnondownsvillagehall.org](http://www.carnondownsvillagehall.org)

## **Devoran Methodist Chapel**

Devoran Methodist Chapel is adhering to Government Covid-19 guidelines. Contact [01872 262907](tel:01872262907) for up to date details.

## **Devoran Village Hall**

The Hall is now closed to social activities until 2nd December.

Montessori classes and newspaper sorting, permitted activities, will continue during this period.

The Village Mini Market in the Hall car park will run as usual on Saturday 14th November.

Visit their website for more details [www.devoranvillagehall.org.uk](http://www.devoranvillagehall.org.uk)

## **St John & St Petroc Church, Devoran**

Will be holding services via Zoom at 9.30 on Sunday Mornings.

**Messy Church** will resume in some form or another in the future possibly with Messy bags and outdoor trails.

If you are not normally included in the emails and would like to know more about Messy Church please contact Anne Ramsden [anne@sabre146.co.uk](mailto:anne@sabre146.co.uk).

## **St Feock Church**

Services have now ceased due to the second lockdown. The Community Church Hall remains closed.

## **Feock Methodist Chapel**

The Chapel remains closed—visit [www.feockmethodist.org.uk](http://www.feockmethodist.org.uk) for up to date information

## **Penpoll Chapel**

Penpoll Methodist Church is open for private prayer, Sunday mornings 10.30 - 11.30am.

## Waste Recycling & Good Practice—Part 2

by Cllr Richard Brickell



My parting words in the last edition were you will find out my connection with JK Soapworks. The story is as follows ..... my father was a keen pigeon racing man, he had bred a very strong team of long-distance racing pigeons, with outstanding stamina to fly the long distances.

He used to sell young pigeons to other pigeon fanciers from all over the world.

One Saturday afternoon he had a gentleman come down from Orpington in Kent to look at buying some of his pigeons.

The gentleman in question arrived driving an XJ6 Daimler Sovereign car, I had never seen one before, they were literally just off the production line

He was a very friendly chap and I got talking to him and he asked me how farming was going and I said it was pretty tough to make any money, unless you had fair acreage of land, I had tried several different ventures and hadn't succeeded in making much money

I said to him, "you've obviously hit on an oil well, and I can see your suit never came from Burtons".

He told me he was a director of JK, JK are the initials of the London based business John Knights. The founder of which started the business in 1810, in a small shop in London making candles and soap

As the years passed and his technology improved, JK soap factory was established in 1817, moved to Silver Town In London, which later became the Primrose Soap works which was responsible for SOAP and different qualities of soap made from animal fats and vegetable oil. This business continued with soap products, such as Knights Castile, Lux soap suds, hard soap, soft soap and also the now forgotten product TOW, which was used with Boss White, which was the sealant on all steel pipe connections in factories, housing, boilers etc. So there was another use found for the otherwise waste product of vegetable and animal fat.

David the Director of JK asked me if I would like to go to London to see the factory and all the products that were made and explain the trade to me.

Like a rocket I was soon up visiting the factory in Silvertown. I was absolutely fascinated with all the many products that were made out of otherwise waste products

All Cunard ships used JK soap on board. Supplied the Royal Family at Buckingham Palace, and the Army and Prisons with a lesser quality.

With this in mind it struck a hunger inside me, and after a little bit of negotiations I went up to London and worked there for a while as the modern-day Rag & Bone man collecting the butcher's trimmings, fat trimmings, drums of vegetable oil, as my grandfather had produced, I was a motorised version of Steptoe & Son.

Later David told me he wanted to expand JK network of collections, as they were winning contracts with the new supermarkets that were coming on to every High Street, such as Tescos, ie Tessa Cohen, now known as Tesco and many more, that no longer exist.

JK had the problem that they needed people to cover the collections from these supermarkets in the Home Counties, where they were expanding rapidly. They felt being as I was local country lad that I would be better employed organising the collections out in the more rural areas. The rest is history .....

The next instalment will include the development of many more products that were household names until a few years ago, still being from waste products.



FeockACT [www.feockpc.com/climateemergency](http://www.feockpc.com/climateemergency)

# Message from Citizens Advice Cornwall

## One-in-three people in the South West targeted by a scammer during the first lockdown



More than one-in-three people (36%) in the South West have been the target of a scam since the first lockdown came into effect across the country, according to new research by Citizens Advice Cornwall.

Over half of people (58%) are worried someone they know will fall foul of a con. And the large majority of people (88%) reported they felt wary of coronavirus scams.

Citizens Advice Cornwall and Trading Standards are encouraging people to talk about their experiences and look out for others they think could be at risk.

Citizens Advice Cornwall Chief Executive, Gill Pipkin, said:

“Our data shows that the last few months have been very difficult for a lot of people across the region. And despite this, we’ve seen appalling evidence of opportunistic scammers taking advantage of people’s worries and concerns.

“One-in-three local people have been targeted by a scam since lockdown began, showing we all need to be on high alert.

“It’s really important we all do our bit and report anything that looks like a con when we see it. By learning how scammers operate, and helping each other understand what to look out for, we can all work together to stop fraudsters in their tracks.”

To help stop more people being fleeced by these types of scams, Citizens Advice Cornwall and Trading Standards are sharing the following tips on how to spot them:

- Look into installing a call blocker to help combat telephone scams
- Talk to your bank immediately if there is any suspicious activity or transactions from their account or credit cards
- Report the scam to Citizens Advice who will give you advice on what to do next and report the scam to Trading Standards
- Report the scam to Action Fraud on 0300 123 2040
- If you or someone you know is struggling to pay bills or outstanding debts Citizens Advice may be able to help.

You can also take the following steps to safeguard yourself and others:

- Be suspicious if you’re contacted out of the blue, even if it’s from a name you recognise
- If it sounds too good to be true it probably is
- Never send money to someone you’ve never met
- Never give out your bank details unless you are certain you can trust the person contacting you
- Don’t be rushed – you never need to make a decision straight away and if you feel pressured say “no”
- Suspect a scam? Hang up, wait five minutes to clear the line or use another phone to call
- Don’t suffer in silence – speak out about scams.

If you’re unsure call Citizens Advice for help **0800 144 8848** or visit their website [www.citizensadvicecornwall.org.uk](http://www.citizensadvicecornwall.org.uk)

You can also text **ADVICE** or **ADVICE DEBT** (if finance related) to **78866** and they will phone you back.

## Carnon Downs Bowling Club fundraising

Although due to the current Covid restrictions the Bowling Club are unable to play, they are still busy fundraising for the club. They will have a stall out during December selling illuminated decorative bottles and also are running a 100 Club where a lucky number will be drawn each month from the 100 numbers with a prize of £25 per month.

The cost is £10 per number—to buy a number please contact Carol on 01872 862099.

Visit their website for more information or if you’re interested in playing

[www.carnondownsbowling.club](http://www.carnondownsbowling.club)





# What's On & Mobile food van visits

Visit the Parish Council website for details of local groups and events [www.feockpc.com/activities](http://www.feockpc.com/activities)

If you're a local group and would like to be added to our website and directory of local groups please email details to [debra@feockparishcouncil.co.uk](mailto:debra@feockparishcouncil.co.uk)

Check individual group websites or the hall websites for updates and information on group meetings.

[www.carnondownsvillagehall.org](http://www.carnondownsvillagehall.org) [www.devoranvillagehall.org.uk](http://www.devoranvillagehall.org.uk) [www.stfeockchurch.org.uk](http://www.stfeockchurch.org.uk)

## **Devoran Village Hall Car Park**

**Wednesdays** - Village Market Fish Man—9.30am to 12.30pm with Fish, Vegetables, Preserves & Flowers.

**Saturdays**—Baker Tom Bread Van—11.45am to 12.30pm

Village Market Fish Man—1pm with Fish, Vegetables, Preserves & Flowers. 1.00pm

*Please double check Baker Tom's website and the Devoran Village Market Facebook page as times may be subject to change.*

**Incredible Bulk** mobile zero waste shop will be visiting Devoran Village Hall car park on Wednesdays 11th and 25th November from 4.30pm to 6.30pm

**Second Saturday of the month**—Mini outdoor market (weather permitting) from 9.30am to 12 noon with The Cheeseman, Penny's Pies, Mrs Dawkins Preserves, Paul and Debbie Fresh Vegetables, Cornish Sea Salt, Sally's Cornish Kitchen Cakes plus Zoltan the Knife Sharpener from 11am to 2pm.

## **St Feock Church Community Hall car park**

**Saturdays** — Baker Tom's Mobile Bread Van 11am & the Fishman at 1pm

## Help?



**If you are self isolating or housebound, the Parish Council has a team of local volunteers who can help with .....**

- ✓ Ordering and delivering shopping to you from Carnon Downs Spar - 07379 241780
- ✓ Delivering prescriptions from local surgeries - 07904 547822
- ✓ A chat on the phone to make sure you are ok and have what you need
- ✓ Transport to appointments at local Doctors Surgeries, Hairdressers or the Dentist - 07904 547822

**Phone lines are manned weekday mornings between 9am & 12 noon.**

If you know someone else who may need help please share this information with them so they can get in touch or if you are not self isolating and would like to volunteer to help others please email [debra@feockparishcouncil.co.uk](mailto:debra@feockparishcouncil.co.uk)

The latest up to date information on Coronavirus can be found online

[www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response](http://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response)

## Get in touch

- Debra Roberts, Parish Clerk — email [debra@feockparishcouncil.co.uk](mailto:debra@feockparishcouncil.co.uk) / 01872 863333
- Debbie Searle, Assistant Parish Clerk — email [debbie@feockparishcouncil.co.uk](mailto:debbie@feockparishcouncil.co.uk) / 01872 863333
- Bex Rawbone, HAIRE Project Co-ordinator—email [bex@feockparishcouncil.co.uk](mailto:bex@feockparishcouncil.co.uk) / 07988 106432
- Your Councillors—contact details are listed on the website and on the noticeboards
- The Parish office and Community library are open weekday mornings from 9am to 12 noon
- The Parish office and Community library are closed due to the second lockdown and will also be closed for Christmas from Monday 21st December and will reopen on Monday 4th January 2021