



Connect

Carnon Downs, Devoran, Feock
and Point & Penpol



Food, how to get it and other useful services

The following businesses have kindly offered help to those self-isolating.

Carnon Downs Spar

The shop will be open from 7am till 8pm daily. We may need to close sometimes during these hours to allow us to restock the shelves. Social distancing practices are in place within the shop to ensure that our staff and customers are kept safe and we politely ask you to respect this and our staff who are working hard to ensure that you can get your essential items.

Phone orders for shopping can be placed between 9am and 12 noon on **07379 241780**. The Parish Council will arrange a volunteer to deliver the shopping to you.

Maximum of 20 items per order – limited to 10 orders a day to help them maintain stock.

This service is for those who are self isolating and/or are in the vulnerable category and have no other way to get their shopping, ie. no friends or family able to do this for them – we really want to make sure those who are really in need can access this service, please only use it if you really need to – thank you.

Linden Hey Garden Tea Room, Penelewey

Home cooked hot meals every Monday, Wednesday and Friday to be delivered direct to you. 48 hours notice required. Payment can be made over the phone. Call Nina Davey 01872 865106

The Old Quay Inn

Take Away Menu

Available daily 12 noon to 2pm and 5.30pm to 8pm - except Sunday evenings
Roasts upon request on Sundays, please pre-order by Friday. Desserts also upon request

This is a new way of doing things for us and we would really appreciate your feedback on how we can best support you during these unprecedented times. If you need any supplies, we will do our best to source it for you and deliver it to you at cost.

We are here to help and support.

As we are working with only a few staff we would prefer if you could phone your order and collect at a time that suits you, we can accept cash or card payments.

Please phone rather than email as emails are checked intermittently 01872 863142. Please check our Facebook page for the latest information <https://www.facebook.com/theoldquayinn/>

Carnon Downs Garden Centre

The Valley View Restaurant is offering takeaways, place orders by 3pm the day before to avoid disappointment, you can place orders by phone or email including customer name, contact name, meal collection time and meal choices.
Tel: 01872 863058

The Norway Inn – deliveries to the parish



01872 309 348 

**FOR HEARTY HOT FOOD DELIVERED CALL
THE PUB FOR YOUR DOORSTEP GRUB.**

Takeaway or local doorstep delivery *

Phones open from 9am / Last call for deliveries 7pm / Takeaways available until 8pm daily.

www.deliverpubgrub.co.uk / order@deliverpubgrub.co.uk

* Deliveries local to: Victoria Inn, Roche; Victoria Inn, Threemilestone; Norway Inn, Perranworthal
Please see reverse for terms & conditions & delivery instructions.

HEARTY FOOD

CARVERY with seasonal veg, yorkshire pudding & gravy £10

* NB Carvery not available from Victoria Inn Roche Mon - Sat  

COTTAGE PIE with seasonal veg  £8

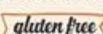
CHICKEN MADRAS with rice & naan £8

LASAGNE with garlic bread £9

VEG LASAGNE with garlic bread £8

BEEF STEW with mash & seasonal veg  £8

PUB FISH AND CHIPS with a tartare sauce £8

5 BEAN CHILLI with rice   £7



DELICIOUS DESSERTS

BREAD & BUTTER PUDDING with custard £3.50

STEAM PUDDING with clotted cream  £3.50

CHOCOLATE BROWNIE with clotted cream £4.00

STICKY TOFFEE PUDDING with toffee sauce £3.50

APPLE CRUMBLE with custard £3.50

Great Cornish Food Store (or the Cornish Room at Waitrose)

To help reduce the spread of infection and to provide a lifeline to those who are self-isolating or social distancing, the Great Cornish Food Store in Truro has introduced a home delivery service.

The minimum order is £30 (excluding delivery charge) and orders placed by 4pm will be delivered the following day (Monday to Saturday, no deliveries on Sunday).

At the moment the service is open to any households within a 10 mile drive of the store. It's likely that will soon change to a wider radius, but on designated days of the week to different areas. Orders can be taken over the telephone by calling the dedicated order line [01872 306063](tel:01872306063) or order forms can be downloaded and emailed to store@greatcornishfood.co.uk. Delivery charges are £5 on orders between £30 and £100; free on orders of more than £100.

For those who are still getting out and about, the store itself remains open and the café is running a takeaway service.

Baker Tom's Mobile Bread Van will be parked up on Wednesdays and Saturdays in St Feock Church Hall car park in Feock at **12.30pm**, again on Wednesdays and Saturdays. See under **Devoran visits** below for details of Devoran days/times.

Baker Tom's Bread Box

Home delivery service. From today customers with a TR POSTCODE can order a Baker Tom Bread Box delivered to their door.

£7 Small Box

£12 Large Box

Delivery Charge £4.

Please see our website for details and how to order.

www.bakertom.co.uk/bread-box/

Place your order by 2pm. Your bread is baked through the night and delivered the next day.

Orders taken Monday – Friday. Friday orders are delivered on a Monday.

Card payment taken when ordering.

Please call the bakery on 01209 218989 to place your order.

Hanson's Fine Foods will be in Feock Church Hall car park on Fridays at 12 noon, specializing in cheese but also has duck eggs, honey, butter and rape seed oil. Visits to Devoran on Saturdays from 9.30am.

Devoran visits – Village Hall Car Park (updated 08/07/2020)

During the COVID-19 crisis the following producers will be visiting Devoran. You can find them in Devoran Village Hall car park.

Customers MUST respect the government's current guidelines and maintain at least a 2 metre minimum distance from others.

Please can we remind car owners parking in the village hall car park not to do so on those days to maximise the space available for the produce vans and the customers queuing 2m apart

Please check Devoran Village Market Facebook page for times of visits each week as these may be subject to change but are generally the same as below.

WEDNESDAY 8th July

Penny's Pies 9.30pm to 12.30pm, Pasties, Pies, Flour.

It would help Penny if you can order your pasties. Mobile: 07811 399456

Village Market Fish Man 9.30am to 12.30pm with Fish, Vegetables, Preserves & Flowers.

Espresso Mobile Baristo Café is open from 10.00am. Enjoy a great cup of coffee and a pastry while you shop.

Baker Tom 2.30pm to 3.30pm

SATURDAY 11th 9.30am

This week our mini market has grown!

From 9.30am some of our monthly produce stalls will be in the car park.

Penny's Pies - Pasties, Pies, Quiches, Flour.

It would help Penny if you can your order pasties. Mobile: 07811 399456

Mrs Dawkins - Jams and Chutneys

The Cheeseman - Cheese, honey, butter, eggs (chicken and duck)

Graham from Cornish Sea Salt

Paul & Debbie – Fresh vegetables

From 10am Espresso Mobile Baristo Café is open Enjoy a great cup of coffee and a pastry while you shop.

From 1pm Village Market Fish Man with Fish, Vegetables, Preserves & Flowers.

Baker Tom 2.30pm to 3.30pm

MEAT ORDERS

If you are missing the meat traders from Devoran Village Market they can be contacted for orders as follows:-

Dexter Beef Dominique 07891 052018

Pork Caroline 07752 923276
Lamb Terry & Cheryl 07876 610238

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INCREDIBLE BULK will deliver orders to you. Check their Facebook page or phone 07748707217 for further details.

South Coast Fisheries

Due to a huge demand for our products we are having to change the way we process orders. We are now offering a FREE NEXT DAY Delivery across the county on all orders over £20!

We are taking orders for next day delivery up until 1pm MONDAY - FRIDAY. Anything ordered on Friday will be delivered on Saturday. If you are unable to get hold of us please bear with us, leave us a message with your full name and phone number and we will get back to you ASAP.

Give us a call: 01209 214212

Chyreen Fruit Farm

Chyreen Fruit Farm in Carnon Downs is now open. Social distancing measures are in place and payments accepted via bank transfer (card machine being arranged for contactless) or cash. As with Meadowside Nursery, if you place an order but are shielding so cannot pick it up please phone the Parish Council who will arrange a volunteer to deliver it to you.

<https://www.facebook.com/ChyreenFruitFarm/>

Meadowside Nursery, Quenchwell, Carnon Downs

www.meadowsidenursery.com

Check their Facebook page for up to date lists of veg and plants available.

Open at weekends and Wednesdays

Now also now offering click and collect – if you can't collect due to self isolating, the Parish Council can arrange to pick up and delivery for you.

Send them a message via Facebook to place your order

www.facebook.com/Meadowsidenursery1/

Meat delivery service - available from Monday 30th March via the Parish Council

1. The Parish Council will take your order and pass this to local butcher RJ Trevarthens
2. The butcher will take payment from you over the phone
3. We will arrange a volunteer to drop your order on your doorstep
4. Orders received by 12 noon will be delivered the next day (Tuesday to Saturday)
5. There is a large range available, full details available on our website www.feockpc.com/coronavirus
6. If you'd like to check if something specific is available you can phone Trevarthens direct on 01326 377081 before ordering.

To place an order please phone the Parish Council on 07904 547822

The butchers in Carnon Downs Spar is still open and you can still order meat with your Spar shopping delivery.

Almonds Newsagents paper delivery

Newspapers available to be delivered to your home, phone 01872 870477 to arrange.

Calestick Farm

Cornish Pasty & Ice Cream Deliveries

During this challenging time when people are isolated in their homes, we want to offer a service that puts a smile on your family's face, Making these challenging times that little bit better.

We are offering a range of frozen Cornish pasties, sausage rolls and our Callestick Farm ice cream 500ml and 1 litre tubs. However if you wish to stock up and go bigger on our ice cream, our full range of sizes and flavours are open to you 🍦

We would like to reassure you that our staff will be taking all the necessary hygienic measures to make this as safe as possible and can leave orders on the doorstep if requested.

Next day delivery available for certain areas. (Feock parish is just in next day delivery!) Please call our farm office on 01872 573126 to place your order. Thank you! <http://www.calestickfarm.co.uk/>

Da Bara Bakery

Da Bara Bakery who are based on the Roseland are doing home deliveries to the Truro/Falmouth area on a on a Friday.

Visit <https://dabarabakery.beyondshop.cloud/> to order and for more details.

West Country Fruit Sales

Their website is www.apassionforfood.co.uk they normally deal with large scale supplies to the catering industry but are currently doing home deliveries, visit their website for details of how to order.

Zoltan the Knife Sharpener

To register your interest in a visit (likely to be monthly) please contact them via 07902 348588 or their Facebook

page <https://www.facebook.com/ZoltantheKnifeSharpener/>

They will be visiting Penryn/Falmouth this Friday so get in touch asap if you're interested as he may be able to visit the parish then too if enough interest.

Prices:

Knife sharpening 40p/inch of blade, Chinese cleaver/pizza blade £3.50 Garden tools (shears, loppers, mower blade, hatchet type axe, etc) £6 each. Secateurs £4, Bill hook, splitting axe £7.50, Electric hedge trimmer £15, Chisel (only the original bevel) £1.50—£2.50, Planner blades £3.50, Hairdressing scissors £12, grooming pinking scissors £7.50, dressmaking scissors £5 and household scissors £2.50.

The Royal Oak, Perranwell

Check their Facebook page for details of food available to take away.

Orders for take-away ale (and other alcohol) for Tuesday, Wednesday, Thursday and Friday evening 5pm - 8pm.

To pre-order, call on the day on 07794 055370.

<https://www.facebook.com/TheRoyalOakPerranwellStation/>

The Old Cheese Shop, Truro

★ Home Delivery ★

Order by 2pm for Next Day Delivery

Monday - Saturday

Truro and Surrounding Areas

Wednesday

Truro to Falmouth & anywhere in between!

Minimum £10 order for FREE DELIVERY on the routes above.

Want a delivery, but outside of these areas, no problem just pop us a message to see when we can deliver.

★ ★ ★ ★ ★

Da Bara Pastries

Cinnamon Bun / Almond Croissant / Pain au Raisin / Pain au Chocolate

Pack of 4 - £10

Plain Croissant

Pack of 4 £8

Da Bara Brownie Boxes

Box of 4 £8

Box of 8 £14

Box of 12 £19

Mixed Cake Boxes

(Gluten Free also available)

Box of 4 £10

Box of 8 £18

Cornish Coffee Beans 1KG £20

Teapigs Tea (15) Lots of varieties! £4

Cornish Tea - Smugglers Brew (40) £3

Josh's Chocolate 100g Bar £3

Kernow Chocolate Solid Milk Chocolate Pasty £3

Cornish Biscuits

Shortbread / Ginger Fairings / Cheddar - £3

Roddas Milk (4 pint) - Whole / Semi - Skimmed / Skimmed £1.50

Da Bara Sliced White Loaf (22 slices) £2.80

Da Bara Ciabatta Loaf £2.50

Order in advance via message, or text 07711816729